Trainingsplan Halle 2026/2027

	Montag	Dienstag	Mittwoch	Donnerstag	Freitag	
Hallen:	GYHS	Montessori	GYHS	Montessori	GYHS	
	Carlos	Carlos	Carlos	Carlos	U6 14:15-15:30 (Filippa, Antonia, Carla?)	
15:00 - 15:15						15:00 - 15:15
15:15 - 15:30						15:15 - 15:30
15:30 - 15:45	U8w / U8m / U10w 15:30-17:30 (Alina, Sophia B, Carlos, Alexia, Magdalena)					15:30 - 15:45
15:45 - 16:00						15:45 - 16:00
16:00 - 16:15			U10m / U12m 16:00-17:30 (Nico, Sophia B, Carlos, Greta, Matilda)			16:00 - 16:15
16:15 - 16:30						16:15 - 16:30
16:30 - 16:45		U8m / U8w 16:30-17:45 (Carlos, Sophia B)		U6 16:30-17:30 (Le-So, Antonia, Carlos)		16:30 - 16:45
16:45 - 17:00						16:45 - 17:00
17:00 - 17:15						17:00 - 17:15
17:15 - 17:30						17:15 - 17:30
17:30 - 17:45			U12w 17:30-19:00 (Sophia H, Carlos)	U10m 17:30-18:30 (Nico)		17:30 - 17:45
17:45 - 18:00		U10w 17:45-19:00 (Lina, Carlos)				17:45 - 18:00
18:00 - 18:15						18:00 - 18:15
18:15 - 18:30						18:15 - 18:30
18:30 - 18:45				U12m 18:30-19:30 (Nico)		18:30 - 18:45
18:45 - 19:00						18:45 - 19:00
19:00 - 19:15	U14m / U14w 19:00-20:30 (Luisa, Lina, Kira, Carlos, Jenny?)	U12w 19:00-20:15 (Sophia H, Carlos)	Damen / U18w / U16w 19:00 - 20:30 (Carlos)			19:00 - 19:15
19:15 - 19:30						19:15 - 19:30
19:30 - 19:45				U14m 19:30-20:30 (Luisa)		19:30 - 19:45
19:45 - 20:00						19:45 - 20:00
20:00 - 20:15						20:00 - 20:15
20:15 - 20:30		U14w / U16w 20:15-21:30 (Lina, Carlos)				20:15 - 20:30
20:30 - 20:45	Damen / U18w 20:30-22:00 Herren / U16m (Carlos, Pascal)		Herren / U16m 20:30-22:00 (Pascal)	Eltern 20:30-22:00 (Pascal)		20:30 - 20:45
20:45 - 21:00						20:45 - 21:00
21:00 - 21:15						21:00 - 21:15
21:15 - 21:30						21:15 - 21:30
21:30 - 21:45						21:30 - 21:45
21:45 - 22:00						21:45 - 22:00

	Montag GYM	Dienstag Monte	Mittwoch GYM	Donnerstag Monte	Freitag GYM	Haupttrainer	Cotrainer	
Minis (U6)				16:30-17:30	14:15-15:30	Le-So	Filippa	Antonia, Carla?
D-Mädchen (U8w)	15:30-17:30	16:30-17:45				Alina	Carlos	Magdalena
D-Knaben (U8m)	15:30-17:30	16:30-17:45				Carlos	Sophia B	Alexia
C-Mädchen (U10w)	15:30-17:30	17:45-19:00				Lina	Alina	
C-Knaben (U10m)			16:00-17:30	17:30-18:30		Nico	Sophia B	Carlos, Greta, Matilda
B-Mädchen (U12w)		19:00-20:15	17:30-19:00			Sophia H	Carlos	
B-Knaben (U12m)			16:00-17:30	18:30-19:30		Nico	Luisa	
A-Knaben (U14m)	19:00-20:30			19:30-20:30		Luisa	Carlos	
A-Mädchen (U14w)	19:00-20:30	20:15-21:30				Lina	Carlos	Kira
WJB (U16w)		20:15-21:30	19:00-20:30			Carlos	Lina	
MJB (U16m)	20:30-22:00		20:30-22:00			Pascal	Luisa	
Herren I	20:30-22:00		20:30-22:00			Pascal		
Damen	20:30-22:00		19:00-20:30			Carlos		
wU18	20:30-22:00		19:00-20:30					
TW Training						Ruperto		
Eltern				20:30-22:00		Pascal		